

Kursplan: Raum 1

24.02.2020 - 01.03.2020

FT-Club München
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Montag 24.02.2020	Dienstag 25.02.2020	Mittwoch 26.02.2020	Donnerstag 27.02.2020	Freitag 28.02.2020	Samstag 29.02.2020	Sonntag 01.03.2020
<p>18:00 - 19:00 BodyCROSS Sascha</p> <p>19:10 - 20:10 BodyCROSS Challeng... Sascha</p> <p>20:15 - 21:45 Krav Maga Basic</p>	<p>18:00 - 19:00 BodyCROSS Nik</p> <p>19:10 - 20:10 BodyCROSS Nik</p>	<p>18:00 - 19:00 BodyCROSS Asli</p> <p>19:00 - 19:20 Mobility Andre</p> <p>19:25 - 20:25 BodyCROSS Strength ... Xenia</p> <p>19:50 - 20:50 Startup Xenia</p>	<p>18:00 - 19:00 Movement / Mobility... Nik</p> <p>19:10 - 20:10 BodyCROSS Thorsten</p>	<p>16:30 - 17:30 BodyCROSS Andre</p> <p>17:30 - 18:00 Mobility Andre</p> <p>18:10 - 19:10 BodyCROSS Andre</p>	<p>12:00 - 13:00 BodyCROSS</p> <p>13:10 - 14:10 BodyCROSS Strength</p>	<p>16:00 - 16:30 Techniktraining Andre</p> <p>17:30 - 18:30 PoleDance Level I</p> <p>18:40 - 19:40 PoleDance Level II</p>

Burn
 Krav Maga
 Mobility
 Movement
 Strength

Stand: 24.02.2020