

Kursplan: Raum 2

24.02.2020 - 01.03.2020

FT-Club München
 Heinrich-Lanz-Str. 4
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Montag 24.02.2020	Dienstag 25.02.2020	Mittwoch 26.02.2020	Donnerstag 27.02.2020	Freitag 28.02.2020	Samstag 29.02.2020	Sonntag 01.03.2020
<p>17:20 - 18:25 Movement / Mobility... Andre</p> <p>18:30 - 19:30 BodyCROSS Andre</p> <p>19:35 - 20:35 Startup Andre</p>	<p>09:30 - 10:30 BodyCROSS Nik</p> <p>10:30 - 11:00 Mobility Nik</p> <p>16:50 - 17:50 BodyCROSS Kids Jennifer</p> <p>18:00 - 19:00 Kettlebell Fortgesc...</p> <p>19:10 - 20:10 LH/KB Basic 0</p>	<p>19:10 - 20:10 Krav Maga Basic</p> <p>20:15 - 21:15 Krav Maga Advanced ...</p>	<p>09:30 - 10:30 BodyCROSS Nik</p> <p>10:30 - 11:00 Mobility Nik</p> <p>18:00 - 19:00 LH/KB Basic 0</p> <p>19:10 - 20:10 Langhantel Kurs For...</p>	<p>16:30 - 17:30 Krav Maga Junior Si...</p> <p>17:40 - 18:40 Krav Maga Junior Bl...</p>	<p>12:00 - 14:10 Krav Maga freies ...</p>	<p>16:30 - 17:30 Athletic Power frei...</p>

- Burn
- Krav Maga
- Mobility
- Movement
- Strength

Stand: 24.02.2020